

Patient Information

Patient's Name: _____

The date of your surgery is: _____

Nurses from the surgery center will call you the day before your surgery to give you an exact time of arrival and instructions.

Surgeon's Name: _____

Surgeon's Phone Number: _____

The business office will contact you before your surgery if there are any co-pays or co-ins due at the time of service. MasterCard, Visa, Discover and American Express are accepted.

Special Instructions: _____



DRIVING DIRECTIONS TO CITY PLACE SURGERY CENTER:

Take Highway I-270 to Olive Blvd (MO-340). Go east on Olive.

At the second light (by Bristols) turn left (going north) onto New Ballas Road. Then either:

- 1) Turn left at the stop sign, on American Legion Drive. When the road ends turn right and you will come to the front of our building that says City Place 5. Go past circle drive & follow signs to the parking garage. *Or:*
- 2) At the stop light (after the above stop sign), turn left at City Place Drive. Follow the signs for City Place 5, go past the first building (City Place 4) to the 2nd parking garage which is adjacent to the Surgery Center.

Park on the 2nd level and come in the City Place 5 main entrance. If you are dropping off a patient you can use the circle drive. If you have any questions please call us at: (314) 872-7100.



City Place #5

845 N. New Ballas Ct., Suite 100
Creve Coeur, Missouri 63141-7148

(314) 872-7100

www.cityplacesurgery.com



IMPORTANT INFORMATION ABOUT YOUR SURGERY



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CITYPLACE SURGERY CENTER



*The staff of
City Place Surgery Center
wishes to make your upcoming
visit as comfortable and pleasurable
as possible. You will be provided
the highest quality of care in a
warm, personal setting
with new state-of-the-art equipment.*

*Please read the following
information carefully. You will find
it helpful in making your surgery
a successful experience.*

For additional information and
copies of our registration forms
please visit our website:

www.cityplacesurgery.com

Before You Arrive

- **Do not eat or drink anything after midnight the night before your operation.** This includes candy, mints & gum. This also applies if you are having local anesthesia. Food in the stomach can cause serious complications and your surgery could be canceled or postponed. If your child is the patient, please be careful to enforce this.
- For all infants, including those who are breastfed, please bring a bottle with you.
- Call your surgeon if you develop a cold, fever or respiratory problem before your surgery.
- For women, if there is any possibility that you're pregnant, please notify your surgeon.
- If you become ill or take any new medications prior to your surgery, please notify your doctor immediately.
- **For your safety, you must arrange for someone to drive you home after the surgery and spend your recovery night with you, unless otherwise instructed.** Cabs are not an option.
- You will hear from one of our nurses prior to surgery. Please let us know if you have any questions.

CITYPLACE SURGERY CENTER



Your City Place Surgery Management Team

Day of Surgery

- Bathe or shower the morning of your surgery to minimize the chance of infection.
- Women should remove all make-up and jewelry.
- Wear loose, casual clothing and low-heeled shoes. Tight fitting pants are particularly uncomfortable after certain surgeries. If you're having shoulder or elbow surgery, wear a loose, button-down shirt.
- Leave valuables at home except your photo ID, insurance cards, and any payment that you may have been asked to bring.
- Please limit the number of people who accompany you. To maximize the comfort of all visitors, we suggest that adult patients be accompanied by only one person. However, we do welcome both parents of a pediatric patient.
- We would prefer that your driver remain in the surgery center during your procedure.
- If your child is having surgery, feel free to bring a favorite stuffed animal or security blanket for added reassurance.
- Do not smoke immediately before or after receiving an anesthetic. Smoking may interfere with the anesthetic and frequently produces nausea during the recovery period.

Recovery Period

- After your surgery, you will be moved to our fully equipped recovery room and monitored by our nursing and anesthesia staff until you are ready to go home.

At Home After Surgery

- Your surgeon will provide post-operative instructions regarding diet, rest and medications. In the event of any difficulty, call your surgeon or his/her answering service.
- Do not drink alcoholic beverages for 24 hours after receiving a general anesthetic or pain medication.
- Plan to have someone at home with you for a day.